



(Affiliated to South East Region A.S.A.)



Present

Forest of Bere Regional Chaser Open Meet

Licence No. 3SE190315
(under A.S.A. laws and Technical Rules)

on

Saturday 16 March 2019

at

Waterlooville Leisure Centre

8 Lane – 25m Pool – with Electronic Timing

Ages as at 31 December 2019

All events HDW

Age Groups: 10/11, 12/13, 14/15, 16 & over

Events: 50m, 100m & 200m all strokes

400m freestyle, 200m & 400m Individual Medley

Medals for the Top 3 in each Event

Best Swim Award: Girl & Boy at 13 & under, 14 & over

Closing dates for entries – 25 February 2019

Club Sportsystems entry £6 per event

Individual entry £6.50 per event

Contact email address: forest@wcpssc.org.uk

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Promoters Conditions

This is a licensed level 3 competition (3SE190315) jointly promoted by Havant & Waterlooville and Winchester City Penguins Swimming Clubs, which are affiliated to the South East Region ASA. The competition is held under Amateur Swimming Association (ASA) laws and ASA Technical Rules of Racing.

Entries

1. Ages are as at midnight 31 December 2019.
2. Both lower and upper limit qualifying times apply (originated from the 2019 Hampshire County Championships and rankings) and swimmers must not enter an individual event if their time is already slower than the lower limit or faster than the upper limit stated in the Qualifying Times. All times submitted must be short course. (Long course times can be converted using ASA Performance Tables).
3. Entry times must have been achieved at a licenced meet since 1 January 2018. The promoters reserve the right to exclude any swimmer from an event (without refund of the entry fee) if it is found they have a faster time on the ASA Rankings that is outside the upper limit qualifying time for that event or do not have time on the Rankings that is above the lower limit time.
4. Swimmers will be distributed in heats from the submitted entry times. Improved times will not be accepted after the entries have been received. There will be no finals and all events will be swum on a heat declared winner (HDW) basis.
5. In order to ensure a safe and well run meet it may be necessary to restrict the number of entries accepted. If the whole competition or individual events are oversubscribed then entries will be restricted based on entry times. There will be no time trials available.
6. All swimmers must be aged 10 years and over and registered with the ASA as competitive swimmers with Level 2 Membership. It is the swimmer's responsibility to ensure his/her eligibility for each event.
7. Notification of acceptance/rejection of entries will be made electronically to each club. If entries have to be restricted because the meet is oversubscribed then those entry fees will be refunded. There will be no other refunds after the entry is received except for medical reasons where evidence can be provided of the inability to compete.
8. All club entries should be submitted electronically using Sportsystems Entry Manager and the club summary sheet send with payment by the closing date. An administration charge of 50p per event will be made for any entry not submitted electronically using Sportsystems.
9. All entries, whether electronic or paper, must be received **before midnight on the closing date 25 February 2019**. **Payment and copy of the completed Club Entry Summary Form must be emailed to forest@wcpssc.org.uk or posted to Liz Hatfield, WCPSC, 2 Western Road, Chandlers Ford, Eastleigh, SO53 5DA. One cheque or bank transfer is required to cover all club entries and it must be received by 1st March 2019. See summary form for bank details.**

Please note there is no secondary strobe available at this meet.

There will be no sign in for this meet. Team managers will be given a document to record withdrawals on the day of the meet. **Withdrawals must be made by the time the warm up for each session commences.**

All clubs submitting entries are requested to assist in the running of the meet by supplying details of any licensed officials who are willing to assist at this gala.

Any adult supervising swimmers on poolside must purchase a pass and must be a member of ASA.

Awards

Awards will be made in the age groups:- 10/11yrs, 12/13yrs, 14/15yrs and 16 yrs & Over. Medals will be awarded for the top 3 in each event and age category or on multi-disability basis. These can

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be collected after the event result is announced. An award will be made to individual male and female swimmers aged 13 and under and 14 and over achieving the highest individual FINA points score for an individual event. These trophies will be presented at the end of the final session.

Data Protection

Meet entries shall be managed on a computer. Your consent to the holding of personal information for the purposes of the Meet shall be treated as being given by the submission of your entries, as shall your consent for such details to be published both during and after the Meet.

Disability Swimming

1. The conditions for Forest of Bere Open Meet 2018 shall apply to the Disability Swimming events except where varied by any of the following conditions.
2. Swimmers with S1 to S15 classifications will be accepted.
3. Competitors must be registered as competitive members of the ASA.
4. The meet does not have disability consideration times – swimmers may enter all events as long as they are within the upper limit times and they competed in the same event in their respective County Championships in either 2017 or 2018. However, the organisers reserve the right to reject swimmers from longer events after the closing date if demand exceeds the time available in the gala.
5. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4, S5 and S11.
6. A swimmer in any of these classes may have both a coach and a personal care attendant present.
7. The competition format will be based on disability inclusion within the able-bodied programme. Swimmers will be integrated on a time-banded basis in all events.
8. Disability Swimmers will be included in the Multi-Disability results and placed within those results according to the number of British Disability Points gained.
9. Disability Swimmers will be included but not placed within the results for the appropriate age group in the able-bodied competition.
10. Where possible an official who holds the qualification of ASA Disability Official will act as a technical adviser in each of the sessions where disability athletes are entered.
11. Medals shall be awarded on a multi-disability basis to 1st, 2nd and 3rd place in each event.

The decision of the referee on all aspects of the gala is final. Matters other than those under the control of the referee, not covered by these conditions, shall be decided upon and resolved by the promoters. By submitting an entry, participants have deemed to agree to such decisions.

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Schedule of Events (All times to be confirmed after entries close)

SATURDAY 16 MARCH 2019			
Session 1 - Warm Up: 8.00am Events Start 9.00am (TBC)			
101	Girls 200m Freestyle	102	Boys 200m Freestyle
103	Girls 100m Breaststroke	104	Boys 100m Breaststroke
105	Girls 50m Butterfly	106	Boys 50m Butterfly
107	Girls 200m Backstroke	108	Boys 200m Backstroke
<i>15 Min Break (if necessary)</i>			
109	Girls 50m Freestyle	110	Boys 50m Freestyle
111	Girls 100m Butterfly	112	Boys 100m Butterfly
113	Girls 400m IM	114	Boys 400m IM
Session 2 - Warm Up: 1.00pm Events Start 2.00pm (TBC)			
201	Girls 400m Freestyle	202	Boys 400m Freestyle
203	Girls 100m Backstroke	204	Boys 100m Backstroke
205	Girls 50m Breaststroke	206	Boys 50m Breaststroke
207	Girls 200m Butterfly	208	Boys 200m Butterfly
<i>15 Min Break (if necessary)</i>			
209	Girls 100m Freestyle	210	Boys 100m Freestyle
211	Girls 200m Breaststroke	212	Boys 200m Breaststroke
213	Girls 50m Backstroke	214	Boys 50m Backstroke
215	Girls 200m IM	216	Boys 200m IM
Expected finish TBC			

Age Groups 10/11, 12/13, 14/15, 16 & Over

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Qualifying Times

Your entry times must be between the lower and upper limits (or equal to)

BOYS/MEN	Age 10/11		Age 12/13		Age 14/15		Age 16 & Over	
Stroke	Lower	Upper	Lower	Upper	Lower	Upper	Lower	Upper
50m Free	35.80	29.70	34.10	27.30	29.90	25.30	27.40	24.60
100m Free	1.21.50	1.05.90	1.16.10	59.20	1.06.20	55.41	59.80	53.40
200m Free	2.56.60	2.25.10	2.45.50	2.08.20	2.24.90	2.01.46	2.12.30	1.58.46
400m Free	6.20.00	5.02.30	5.59.00	4.37.90	4.59.00	4.22.10	4.46.00	4.12.20
50m Breast	49.60	39.60	46.50	34.70	40.20	30.88	37.40	30.50
100m Breast	1.49.50	1.25.70	1.41.40	1.15.90	1.28.00	1.07.60	1.20.10	1.06.60
200m Breast	3.52.50	3.08.90	3.36.60	2.46.20	3.11.50	2.30.70	2.54.30	2.27.30
50m Fly	43.40	32.50	40.00	29.20	34.70	27.40	31.20	26.80
100m Fly	1.38.70	1.15.90	1.30.00	1.04.40	1.19.00	59.50	1.09.30	59.00
200m Fly	4.00.00	2.52.60	3.46.00	2.23.00	3.14.00	2.11.90	2.38.00	2.10.90
50m Back	42.40	33.70	40.90	32.00	35.40	28.90	32.90	28.20
100m Back	1.32.30	1.13.40	1.28.00	1.08.40	1.17.00	1.00.90	1.10.50	1.00.00
200m Back	3.15.40	2.33.20	3.05.30	2.26.90	2.42.90	2.12.20	2.34.00	2.11.20
200m IM	3.26.00	2.45.30	3.10.00	2.28.80	2.46.30	2.17.70	2.32.00	2.14.70
400m IM	7.00.00	5.50.10	6.48.00	5.17.40	5.57.10	4.57.00	5.35.00	4.43.30
GIRLS/ LADIES	Age 10/11		Age 12/13		Age 14/15		Age 16 & Over	
Stroke	Lower	Upper	Lower	Upper	Lower	Upper	Lower	Upper
50m Free	36.80	31.00	34.10	28.90	30.70	26.10	29.70	25.00
100m Free	1.21.50	1.08.30	1.15.80	1.02.60	1.07.20	58.20	1.04.80	57.20
200m Free	3.00.00	2.28.10	2.45.50	2.18.30	2.26.10	2.09.90	2.22.40	2.07.70
400m Free	6.22.00	5.17.60	5.49.50	4.46.40	5.07.20	4.40.20	4.53.10	4.31.20
50m Breast	48.90	41.90	45.70	36.50	41.30	33.60	39.90	32.50
100m Breast	1.50.00	1.31.20	1.41.00	1.21.30	1.29.00	1.13.30	1.27.30	1.12.00
200m Breast	3.49.40	3.16.90	3.21.20	2.51.50	3.12.60	2.38.80	3.05.20	2.36.00
50m Fly	42.90	33.80	39.40	31.60	34.60	29.20	33.40	28.90
100m Fly	1.40.00	1.19.90	1.34.00	1.10.80	1.19.00	1.06.10	1.15.70	1.04.50
200m Fly	4.00.00	3.06.40	3.40.00	2.41.60	3.00.00	2.25.00	2.46.00	2.23.00
50m Back	41.90	34.40	39.20	31.60	35.10	30.30	34.80	29.00
100m Back	1.32.00	1.17.00	1.26.20	1.10.10	1.15.70	1.05.60	1.15.00	1.04.00
200m Back	3.12.50	2.45.40	3.02.60	2.30.00	2.42.20	2.21.00	2.39.50	2.19.00
200m IM	3.20.40	2.50.20	3.06.80	2.35.10	2.46.60	2.26.00	2.43.00	2.24.00
400m IM	7.00.00	6.06.00	6.50.00	5.25.50	6.00.00	5.12.35	5.40.00	5.09.80

Entry times should have been set at a licenced meet since 1 January 2018

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Visiting Club Individual Entry Form

Name.....

Gender

DOB.....

Age at 31 December 2019.....

ASA reg no.....

Club.....

Email address.....

Telephone number.....

Event No	Girls Event	Entry Time	Event No	Boys Event	Entry Time
109	50m Freestyle		110	50m Freestyle	
209	100m Freestyle		210	100m Freestyle	
101	200m Freestyle		102	200m Freestyle	
201	400m Freestyle		202	400m Freestyle	
213	50m Backstroke		214	50m Backstroke	
203	100m Backstroke		204	100m Backstroke	
107	200m Backstroke		108	200m Backstroke	
205	50m Breaststroke		206	50m Breaststroke	
103	100m Breaststroke		104	100m Breaststroke	
211	200m Breaststroke		212	200m Breaststroke	
105	50m Butterfly		106	50m Butterfly	
111	100m Butterfly		112	100m Butterfly	
207	200m Butterfly		208	200m Butterfly	
215	200m IM		216	200m IM	
113	400m IM		114	400m IM	

NB: Event numbers starting with 1 are morning; those starting with 2 are afternoon

Total Number of Events.....@ £6.00 per Event electronic entry

Total Number of Events @ £6.50 per Event paper entry

Total Entry Fee £.....

I CONFIRM THAT THE ABOVE DETAILS ARE CORRECT AND THAT I AM ELIGIBLE FOR EACH EVENT

Signed

Please make cheques payable to **WINCHESTER CITY PENGUINS SC**

If this form is not completed with all the relevant details, ie DOB, ASA no. and Entry times your entry will not be submitted. It is **your responsibility** to complete this form correctly if you want to swim.

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Summary of Visiting Club Entries

Please fill out this form and enclose it with your payment.	
Club Name	
Number of male swims@ £6	= £
Number of female swims@ £6	= £
Number of Coaches Passes @ £13.00 per day	= £
This allows for poolside entry, a set of programmes and lunch	
Total amount of the payment	= £
Club Secretary Contact Details	
Name	
Address	
Telephone.	
E-mail (to which entry confirmations will be sent)	
<i>I declare that to the best of my knowledge the information given is correct, that all swimmers are eligible to compete with Class 2 ASA Membership and accept the promoters' conditions.</i>	
<i>Signed</i>	

Please send entries electronically to forest@wcpssc.org.uk. Entry files are available from: forest@wcpssc.org.uk

To pay by bank transfer use WCPSC – Sort Code 40-46-39 Account no: 51082736 using FOB19 followed by your club four letter code as reference.

Cheques payable to WCPSC. It would be greatly appreciated if Clubs could send ONE cheque to cover all entries. Payment must be received by 26 February 2019.

Please send **this form, cheque (or confirm transfer) and a printed copy of the entries report** to:Liz Hatfield, 2 Western Road, Chandlers Ford, Eastleigh. SO53 5DA. Or email to forest@wcpssc.org.uk.

CLOSING DATE for entries is Monday 25th February 2019