

PN Swimmers Entry Form

WYCOMBE DISTRICT PREMIER L1 OPEN MEET

Date Friday 9th, Saturday 10th & Sunday 11th March 2018

Venue: WYCOMBE LEISURE CENTRE, HIGH WYCOMBE, BUCKS, HP11 1UP

Closing date for entries is 22 January 2018 late entries will not be accepted.

Name		<i>As it appears on British Swimming Biogs</i>	
Date of Birth		Age on 31 DEC 2018	
ASA Registration Number		<i>Male/ Female</i>	
Squad			

This meet is targeted for swimmers in Senior & Junior Performance Squads. Other swimmers may enter if they meet the criteria – but please pay attention to targeted meets for your own squad.

Use **LONG** Course Times. Times can be converted <http://www.pullbuoy.co.uk/times>

Event	Time	Event	Time	Event	Time
50 Fly		100 Fly		200 Fly	
50 Back		100 Back		200 Back	
50 Breast		100 Breast		200 Breast	
50 Free		100 Free		200 Free	
400 Free		800 Free		200 IM	
400 IM		1500 Free			

Entry Fees : £8.50 per race or £16 per 800/1500 distance event - *plus* administration fee of per swimmer £2

No of events entered Payment enclosed (incl £2 admin fee)

Payments by cash or cheque made payable to PNSC

** Please note - admin fees go towards processing your entries and our coaches expenses and passes for the meet – any entries submitted without the admin fee will be rejected.*

Parent name.....

Parent email.....

For office use only

Entry received

Entry entered

Payment Cash / Cheque

PN Swimmers Entry Form

WYCOMBE DISTRICT PREMIER L1 OPEN MEET

Date Friday 9th, Saturday 10th & Sunday 11th March 2018

Venue: WYCOMBE LEISURE CENTRE, HIGH WYCOMBE, BUCKS, HP11 1UP

Closing date for entries is 22 January 2018 late entries will not be accepted.

MINIMUM QUALIFICATION TIMES

BOYS							
Distance	Stroke	14 & Under	15Yr	16 Yr	17 Yr	18 Yr	19YR+/OPEN
50	FREE	00:33.00	00:29.70	00:28.70	00:28.40	00:27.40	00:26.99
100	FREE	01:09.80	01:04.40	01:02.60	01:01.50	01:00.50	00:59.50
200	FREE	02:32.60	02:20.70	02:16.30	02:13.70	02:11.50	02:09.50
400	FREE	05:21.80	04:57.60	04:49.10	04:44.60	04:43.40	04:42.50
1500	FREE						18:20.00
50	BRST						00:41.80
100	BRST	01:28.80	01:21.40	01:18.90	01:17.00	01:15.80	01:14.80
200	BRST	03:12.50	02:55.40	02:51.60	02:47.00	02:43.90	02:42.80
50	FLY						00:35.90
100	FLY	01:16.80	01:09.80	01:07.80	01:06.50	01:05.90	01:05.00
200	FLY	02:49.90	02:34.40	02:30.40	02:27.60	02:26.50	02:24.70
50	BACK						00:38.20
100	BACK	01:19.20	01:12.20	01:10.30	01:09.30	01:08.40	01:07.50
200	BACK	02:50.30	02:36.00	02:31.40	02:28.60	02:27.50	02:26.70
200	IM	02:52.70	02:38.40	02:33.90	02:31.00	02:29.20	02:28.00
400	IM	06:06.40	05:36.20	05:27.60	05:22.60	05:17.20	05:15.00

GIRLS							
Distance	Stroke	13 & Under	14 yr	15Yr	16 Yr	17 Yr	OPEN
50	FREE	00:34.00	00:32.90	00:32.20	00:31.90	00:31.80	00:30.50
100	FREE	01:12.70	01:10.70	01:09.60	01:08.80	01:08.10	01:07.30
200	FREE	02:36.20	02:32.10	02:29.10	02:27.50	02:25.80	02:25.80
400	FREE	05:26.30	05:18.00	05:12.80	05:09.20	05:06.30	05:06.30
800	FREE						10:48.00
50	BRST						00:43.10
100	BRST	01:30.80	01:28.50	01:27.50	01:26.10	01:25.20	01:23.60
200	BRST	03:15.50	03:09.50	03:06.70	03:05.80	03:04.00	02:59.80
50	FLY						00:36.70
100	FLY	01:19.10	01:17.20	01:15.50	01:14.80	01:14.00	01:12.10
200	FLY	02:53.50	02:48.00	02:45.70	02:43.30	02:41.30	02:38.30
50	BACK						00:39.40
100	BACK	01:21.70	01:19.60	01:17.90	01:17.10	01:16.30	01:14.60
200	BACK	02:54.30	02:49.80	02:45.80	02:43.90	02:42.80	02:39.90
200	IM	02:56.80	02:52.30	02:48.90	02:46.90	02:45.50	02:43.70
400	IM	06:10.60	06:02.00	05:55.20	05:50.80	05:48.70	05:43.90

For office use only

Entry received

Entry entered

Payment Cash / Cheque