



## Northsea “B” Team Arena League Report - Round 1

The Northsea ‘B’ team were the hosts in a buzzing Mountbatten Centre for the first round National Arena League competition. The ‘B’ team, newly promoted to Division 1 were certainly ready for the competition!

Lauren Pedwell kicked off the racing for PNSC in the ladies 200m IM and achieved a fantastic 3 second short course PB of 2.31.42, placing 4th.

Oliver Kincart was next up in the mens 200m IM and also smashed his PB with a time of 2.12.89 and gaining 2nd place and 5 points for the team.

The relays were next and thrilling to watch for the spectators with the noise levels rising in the pool!

Our u13 boys had a great result in the medley relay; with Miro Olan, Alex Edge, William Whitlock and Oliver Witter gaining 2nd place with a super time of 2.20.24

But it was the u15 girls that took the first win of the evening; Elise Sherwin, Madeline Brown, Beth Stone and Rachel Christie gained 6 points for the team in the freestyle relay with a cracking time of 1.56.57

*Lots more great performances in the relays placed the team 3rd after 10 races!*

10 year old Mia McCulloch was next up in the girls 10/11 backstroke and held her own with a strong PB of 40.51 and gained 3rd place. Harry Stone then got his own 2 second PB with a time of 40.09 also gaining 3rd place in the boys 10/11 backstroke.

In the 100m breaststroke Ashleigh Aslett gained 2nd place with a fantastic PB of 1.24.78 and Alex Edge achieved 3rd with another huge PB of 1.25.68.

Megan Owen and Tom Gregson both came 2nd place in the 100m fly, with Tom also gaining a PB in a time of 1.00.87

*More results came through and the team were tied first place with Maidenhead on 70 points at the end of race 18!*

Emma Mack was our next swimmer to achieve a huge PB – 38.48 and gaining 3rd place in the girls 10/11 50m fly. Hannah St John Mosse also gaining a PB of 1.09.30 getting 2nd place in the u15 100m fly.

**Portsmouth Northsea Swimming Club**  
**Mountbatten Sports Centre, Alexandra Park,**  
**Portsmouth, Hampshire PO2 9QA**  
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James Corrigan got the next Northsea win with the only swimmer to break the minute mark to get a PB of 59.66 in the Mens 100m backstroke.

*The scores after event 26 – Northsea with 101, now in third place but just a point behind Havant & Waterloooville.*

William Whitlock then smashed his PB by 3 seconds in 1.11.60 to get another Northsea win in the u13 boys 100m fly.

James Millar next up with a win and gaining 6 points for the team in the Mens 100m Breaststroke with an astonishing 2 second PB of 1.06.96 – almost 3 seconds ahead of the 2nd swimmer in the heat!

*But despite lots more great performances, the team were still in 3rd place after 34 events on 131 points with Maidenhead and Havant & Waterloooville just edging ahead. Back to the relays!*

The girls u15 medley relay team again showed their strength with Elise Sherwin, Rachel Christie, Hannah St John-Mosse and Beth Stone gaining 2nd place.

But it was the ladies open 4 x 50m free that took the final win of the evening for Northsea. Hannah Osborne, Beth Stone, Rachel Christie, Helen St John Mosse, Megan Owen and Lauren Pedwell showed the noisy pool how it's done in a super time of 2.51.29

**Some outstanding swims and too many personal best times to be able to mention them all from our Northsea 'B' team! A strong 3rd place in the gala gaining 155 points at the end of the final event and 7th place in the Division 1 league as a newly promoted team. Very well done to all our swimmers!**

### Results

Division One West - Gala 2		
Portsmouth		
1	Havant & Waterloooville	217
2	Maidenhead Marlins	196
3	Portsmouth Northsea B	182
4	Epsom & District	175
5	Mid Sussex Marlins	155
6	Tilehurst	122

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Round 2 draw for Saturday 8th November sees Northsea hosting at the Mountbatten again....

<b>DIVISION ONE WEST</b>	
<b>Gala 3 - Mountbatten LC, Portsmouth</b>	
<b>WU 6.00pm - Start 6.30pm</b> <b>Licence No : TBA</b>	
Lane 4	Maxwell
Lane 5	<b>Portsmouth Northsea B - HOSTS</b>
Lane 3	Basingstoke Bluefins
Lane 6	Chesham
Lane 2	Tilehurst
Lane 7	Littlehampton A