

Portsmouth Northsea Swimming Club  
Mountbatten Sports Centre, Alexandra Park,  
Portsmouth, Hampshire PO2 9QA  
Tel: 02392 650242



## Northsea “A” Team Arena League Report - Round 1

A fantastic start to the National Arena League competition for our Portsmouth Northsea ‘A’ Team in our first year in the Premier Division.

The team travelled to Woking for their first Gala in the series. A much more subdued team on the coach than last year, with the team knowing the challenge ahead. But as always the atmosphere poolside was electric with huge support from the spectators and team members alike for every swimmer.

Lizzie Hopkins opened the evening of racing for us in the 200m IM and started us off in fine form in 2nd place.

Last year the younger relay teams were a little overwhelmed by the competition and were all on the younger end of the age range. This year with the benefit of experience and another year older the girls age 9-11 had a great start with 2nd place from Ciara Blount, Alys Hantrais-Smith, Rhianna Pedwell and Poppy Fox in the 4x50m free.

The boys 9-11 team; comprising Joseph Packham, Liam Budd, Marcus Scullion and Jack Goodwin then got the pool’s attention by smashing their 4x50m relay and got our first win of the evening – holding the lead for all 8 lengths and with fantastic PBs from our swimmers got a time of 2.08.87.

The Boys u13 then took their own win in the 4 x 50m medley – where Toby Fredericks, Noah Ward, George Ragg-Griffith and Harry Watson also finished 1st with a time of 2.04.55

After more solid performances from the team with lots of 2nd & 3rd places - Luke Robins then got Northsea’s next win in the 100m backstroke with a crazy 4 second PB of 1.00.64 to bring us to the LEAD with 78 points after 18 races! An astonishing place to be as the underdogs and new in the Premier Division.

Joseph Packham took our next win in the individual 50m fly with a time of 33.18 – with the 6th fastest time (sc) in Britain for 11 years old in 2014!

On a roll our 15 year old Lizzie Hopkins brought another PNSC win for the team in the 100m fly in a great time of 1.06.41.

New to the Northsea Senior Squad this year Oliver Jermy arrived in style to win with Mens Open Backstroke in a time of 58.28

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*Results announced after 26 races then put us neck and neck with Thanet on 112 points each! The pressure was on!*

In response, another one of our younger Swimmers Jack Goodwin then took his own win in the Boys 10/11 Breaststroke with a super PB time of 41.12

George Ragg-Griffith was the next to win in the boys u13 50m fly with a short course PB of 1.08.76, then Luke Robins secured his second win of the evening in the boys u15 100m free in another huge PB of 54.92

The youngsters showed their worth yet again with Poppy Fox taking first in the age 10/11 yrs 50m free with a fantastic PB time of 31.75

*Northsea were back in the lead with 151 points after 34 races!*

Noah Ward took our next win in the boys u13 100m free in a PB of 1.00.06 and Lizzie Hopkins got her second win of the evening in the u15 100m Breast in a great time of 1.14.72

We were still just in the lead by 1 point after event 42 with 184 points. Back to the relays!

Our boys u13 relay team Noah Ward, George Ragg-Griffith, Harry Watson and Toby Fredericks, were on top form and took their second relay win of the evening in the u13 50m free

More solid performances from the rest of the relay teams with the crowd noise lifting the roof of the Woking Pool in the Park, but it was our u15 boys relay team comprising Luke Robins, Will Pointon, Dom Johnson and Nathan Hookway that secured our final win of the evening.

Time for the final results! Everyone listened carefully as the commentator announced the positions; Amersham 125 points, Staines A 147 points, Backnell & Wokingham 156 points, Woking 181 points and after what seemed an age (we think the commentator thought she was on Saturday night telly!) our fears were confirmed with Thanet just pipping us to the post we achieved a huge 217 points – Thanet finishing finally on 223 points.

What a fantastic start to the competition as a newly promoted team – all our swimmers were outstanding and it was an absolute joy to spectate with the spine tingling atmosphere! Just too many great performances to mention them all - some really fantastic personal bests. Well done everyone!

Let's show the Premier Division what we're made of in Round 2 in Guildford on the 8th November. The draw is Guildford A, Northsea A, Wycombe District A, Guildford B, Staines A and Newbury.

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## Round 1 Results

Premier Division - Gala 2		
Pool in the Park, Woking		
1	Thanet	223
2	Portsmouth Northsea A	217
3	Woking	181
4	Bracknell & Wokingham	156
5	Staines A	147
6	Amersham	125



## National Arena Swimming League

LEAGUE	South		DIVISION	Premier		ROUND	One		GALA NUMBER	Two	
VENUE	Woking Pool in the park					Date	11/10/2014		License	00/01/1900	
	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6					
	Bracknell & Wokingham SC	Thanet SC	Woking SC	Amersham SC	Staines SC	Portsmouth N'sea SC					
PLACE	<u>4</u>	<u>1</u>	<u>3</u>	<u>6</u>	<u>5</u>	<u>2</u>					
POINTS	<b>156</b>	<b>223</b>	<b>181</b>	<b>125</b>	<b>147</b>	<b>217</b>					

  

DEFAULT POINTS TOTALS	DOA, TIES ETC WILL CHANGE THESE FIGURES
6 LANE 1050 5 LANE 750	OVERALL POINTS TOTAL <b>1049</b>

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