

800/880 Freestyle

800 Metres				880 Yards		800 Yards	
50 Metres	33 ^{1/3} Metres	25 Metres	20 Metres	36 ^{2/3} Yards	27 ^{1/2} Yards	33 ^{1/3} Yards	25 Yards
7:50.0	7:43.8	7:37.6	7:31.4	7:46.6	7:40.4	7:02.5	6:56.3
7:51.0	7:44.8	7:38.6	7:32.4	7:47.7	7:41.5	7:03.4	6:57.3
7:52.0	7:45.8	7:39.7	7:33.5	7:48.7	7:42.5	7:04.4	6:58.2
7:53.0	7:46.8	7:40.7	7:34.5	7:49.7	7:43.5	7:05.3	6:59.1
7:54.0	7:47.9	7:41.7	7:35.6	7:50.7	7:44.6	7:06.2	7:00.1
7:55.0	7:48.9	7:42.7	7:36.6	7:51.7	7:45.6	7:07.1	7:01.0
7:56.0	7:49.9	7:43.8	7:37.6	7:52.8	7:46.6	7:08.1	7:02.0
7:57.0	7:50.9	7:44.8	7:38.7	7:53.8	7:47.7	7:09.0	7:02.9
7:58.0	7:51.9	7:45.8	7:39.7	7:54.8	7:48.7	7:09.9	7:03.8
7:59.0	7:52.9	7:46.8	7:40.8	7:55.8	7:49.7	7:10.8	7:04.8
8:00.0	7:53.9	7:47.9	7:41.8	7:56.8	7:50.8	7:11.8	7:05.7
8:01.0	7:54.9	7:48.9	7:42.8	7:57.8	7:51.8	7:12.7	7:06.6
8:02.0	7:56.0	7:49.9	7:43.9	7:58.9	7:52.8	7:13.6	7:07.6
8:03.0	7:57.0	7:50.9	7:44.9	7:59.9	7:53.9	7:14.5	7:08.5
8:04.0	7:58.0	7:52.0	7:45.9	8:00.9	7:54.9	7:15.5	7:09.5
8:05.0	7:59.0	7:53.0	7:47.0	8:01.9	7:55.9	7:16.4	7:10.4
8:06.0	8:00.0	7:54.0	7:48.0	8:02.9	7:56.9	7:17.3	7:11.3
8:07.0	8:01.0	7:55.0	7:49.1	8:04.0	7:58.0	7:18.2	7:12.3
8:08.0	8:02.0	7:56.1	7:50.1	8:05.0	7:59.0	7:19.2	7:13.2
8:09.0	8:03.0	7:57.1	7:51.1	8:06.0	8:00.0	7:20.1	7:14.1
8:10.0	8:04.1	7:58.1	7:52.2	8:07.0	8:01.1	7:21.0	7:15.1
8:11.0	8:05.1	7:59.1	7:53.2	8:08.0	8:02.1	7:21.9	7:16.0
8:12.0	8:06.1	8:00.2	7:54.2	8:09.1	8:03.1	7:22.9	7:16.9
8:13.0	8:07.1	8:01.2	7:55.3	8:10.1	8:04.2	7:23.8	7:17.9
8:14.0	8:08.1	8:02.2	7:56.3	8:11.1	8:05.2	7:24.7	7:18.8
8:15.0	8:09.1	8:03.2	7:57.3	8:12.1	8:06.2	7:25.6	7:19.8
8:16.0	8:10.1	8:04.3	7:58.4	8:13.1	8:07.2	7:26.6	7:20.7
8:17.0	8:11.1	8:05.3	7:59.4	8:14.1	8:08.3	7:27.5	7:21.6
8:18.0	8:12.1	8:06.3	8:00.4	8:15.2	8:09.3	7:28.4	7:22.6
8:19.0	8:13.2	8:07.3	8:01.5	8:16.2	8:10.3	7:29.3	7:23.5
8:20.0	8:14.2	8:08.3	8:02.5	8:17.2	8:11.4	7:30.3	7:24.4
8:21.0	8:15.2	8:09.4	8:03.6	8:18.2	8:12.4	7:31.2	7:25.4
8:22.0	8:16.2	8:10.4	8:04.6	8:19.2	8:13.4	7:32.1	7:26.3
8:23.0	8:17.2	8:11.4	8:05.6	8:20.2	8:14.5	7:33.0	7:27.2
8:24.0	8:18.2	8:12.4	8:06.7	8:21.3	8:15.5	7:34.0	7:28.2
8:25.0	8:19.2	8:13.5	8:07.7	8:22.3	8:16.5	7:34.9	7:29.1
8:26.0	8:20.2	8:14.5	8:08.7	8:23.3	8:17.5	7:35.8	7:30.0
8:27.0	8:21.3	8:15.5	8:09.8	8:24.3	8:18.6	7:36.7	7:31.0
8:28.0	8:22.3	8:16.5	8:10.8	8:25.3	8:19.6	7:37.6	7:31.9
8:29.0	8:23.3	8:17.6	8:11.8	8:26.4	8:20.6	7:38.6	7:32.8
8:30.0	8:24.3	8:18.6	8:12.9	8:27.4	8:21.7	7:39.5	7:33.8
8:31.0	8:25.3	8:19.6	8:13.9	8:28.4	8:22.7	7:40.4	7:34.7
8:32.0	8:26.3	8:20.6	8:14.9	8:29.4	8:23.7	7:41.3	7:35.6
8:33.0	8:27.3	8:21.6	8:16.0	8:30.4	8:24.7	7:42.3	7:36.6
8:34.0	8:28.3	8:22.7	8:17.0	8:31.4	8:25.8	7:43.2	7:37.5
8:35.0	8:29.3	8:23.7	8:18.0	8:32.5	8:26.8	7:44.1	7:38.5
8:36.0	8:30.4	8:24.7	8:19.1	8:33.5	8:27.8	7:45.0	7:39.4
8:37.0	8:31.4	8:25.7	8:20.1	8:34.5	8:28.9	7:46.0	7:40.3

800/880 Freestyle

800 Metres				880 Yards		800 Yards	
50 Metres	33 ^{1/3} Metres	25 Metres	20 Metres	36 ^{2/3} Yards	27 ^{1/2} Yards	33 ^{1/3} Yards	25 Yards
8:38.0	8:32.4	8:26.8	8:21.1	8:35.5	8:29.9	7:46.9	7:41.3
8:39.0	8:33.4	8:27.8	8:22.2	8:36.5	8:30.9	7:47.8	7:42.2
8:40.0	8:34.4	8:28.8	8:23.2	8:37.5	8:31.9	7:48.7	7:43.1
8:41.0	8:35.4	8:29.8	8:24.2	8:38.6	8:33.0	7:49.6	7:44.1
8:42.0	8:36.4	8:30.8	8:25.3	8:39.6	8:34.0	7:50.6	7:45.0
8:43.0	8:37.4	8:31.9	8:26.3	8:40.6	8:35.0	7:51.5	7:45.9
8:44.0	8:38.4	8:32.9	8:27.3	8:41.6	8:36.0	7:52.4	7:46.9
8:45.0	8:39.5	8:33.9	8:28.4	8:42.6	8:37.1	7:53.3	7:47.8
8:46.0	8:40.5	8:34.9	8:29.4	8:43.6	8:38.1	7:54.3	7:48.7
8:47.0	8:41.5	8:35.9	8:30.4	8:44.7	8:39.1	7:55.2	7:49.7
8:48.0	8:42.5	8:37.0	8:31.4	8:45.7	8:40.2	7:56.1	7:50.6
8:49.0	8:43.5	8:38.0	8:32.5	8:46.7	8:41.2	7:57.0	7:51.5
8:50.0	8:44.5	8:39.0	8:33.5	8:47.7	8:42.2	7:58.0	7:52.5
8:51.0	8:45.5	8:40.0	8:34.5	8:48.7	8:43.2	7:58.9	7:53.4
8:52.0	8:46.5	8:41.0	8:35.6	8:49.7	8:44.3	7:59.8	7:54.3
8:53.0	8:47.5	8:42.1	8:36.6	8:50.8	8:45.3	8:00.7	7:55.3
8:54.0	8:48.5	8:43.1	8:37.6	8:51.8	8:46.3	8:01.6	7:56.2
8:55.0	8:49.6	8:44.1	8:38.7	8:52.8	8:47.3	8:02.6	7:57.1
8:56.0	8:50.6	8:45.1	8:39.7	8:53.8	8:48.4	8:03.5	7:58.1
8:57.0	8:51.6	8:46.1	8:40.7	8:54.8	8:49.4	8:04.4	7:59.0
8:58.0	8:52.6	8:47.2	8:41.8	8:55.8	8:50.4	8:05.3	7:59.9
8:59.0	8:53.6	8:48.2	8:42.8	8:56.9	8:51.4	8:06.3	8:00.8
9:00.0	8:54.6	8:49.2	8:43.8	8:57.9	8:52.5	8:07.2	8:01.8
9:01.0	8:55.6	8:50.2	8:44.8	8:58.9	8:53.5	8:08.1	8:02.7
9:02.0	8:56.6	8:51.2	8:45.9	8:59.9	8:54.5	8:09.0	8:03.6
9:03.0	8:57.6	8:52.3	8:46.9	9:00.9	8:55.5	8:09.9	8:04.6
9:04.0	8:58.6	8:53.3	8:47.9	9:01.9	8:56.6	8:10.9	8:05.5
9:05.0	8:59.7	8:54.3	8:49.0	9:02.9	8:57.6	8:11.8	8:06.4
9:06.0	9:00.7	8:55.3	8:50.0	9:04.0	8:58.6	8:12.7	8:07.4
9:07.0	9:01.7	8:56.3	8:51.0	9:05.0	8:59.7	8:13.6	8:08.3
9:08.0	9:02.7	8:57.4	8:52.0	9:06.0	9:00.7	8:14.6	8:09.2
9:09.0	9:03.7	8:58.4	8:53.1	9:07.0	9:01.7	8:15.5	8:10.2
9:10.0	9:04.7	8:59.4	8:54.1	9:08.0	9:02.7	8:16.4	8:11.1
9:11.0	9:05.7	9:00.4	8:55.1	9:09.0	9:03.8	8:17.3	8:12.0
9:12.0	9:06.7	9:01.4	8:56.2	9:10.1	9:04.8	8:18.2	8:13.0
9:13.0	9:07.7	9:02.5	8:57.2	9:11.1	9:05.8	8:19.2	8:13.9
9:14.0	9:08.7	9:03.5	8:58.2	9:12.1	9:06.8	8:20.1	8:14.8
9:15.0	9:09.8	9:04.5	8:59.3	9:13.1	9:07.9	8:21.0	8:15.8
9:16.0	9:10.8	9:05.5	9:00.3	9:14.1	9:08.9	8:21.9	8:16.7
9:17.0	9:11.8	9:06.5	9:01.3	9:15.1	9:09.9	8:22.8	8:17.6
9:18.0	9:12.8	9:07.6	9:02.3	9:16.1	9:10.9	8:23.8	8:18.5
9:19.0	9:13.8	9:08.6	9:03.4	9:17.2	9:12.0	8:24.7	8:19.5
9:20.0	9:14.8	9:09.6	9:04.4	9:18.2	9:13.0	8:25.6	8:20.4
9:21.0	9:15.8	9:10.6	9:05.4	9:19.2	9:14.0	8:26.5	8:21.3
9:22.0	9:16.8	9:11.6	9:06.4	9:20.2	9:15.0	8:27.5	8:22.3
9:23.0	9:17.8	9:12.6	9:07.5	9:21.2	9:16.1	8:28.4	8:23.2
9:24.0	9:18.8	9:13.7	9:08.5	9:22.2	9:17.1	8:29.3	8:24.1
9:25.0	9:19.8	9:14.7	9:09.5	9:23.3	9:18.1	8:30.2	8:25.1

800/880 Freestyle

800 Metres				880 Yards		800 Yards	
50 Metres	33 ^{1/3} Metres	25 Metres	20 Metres	36 ^{2/3} Yards	27 ^{1/2} Yards	33 ^{1/3} Yards	25 Yards
9:26.0	9:20.9	9:15.7	9:10.6	9:24.3	9:19.1	8:31.1	8:26.0
9:27.0	9:21.9	9:16.7	9:11.6	9:25.3	9:20.1	8:32.1	8:26.9
9:28.0	9:22.9	9:17.7	9:12.6	9:26.3	9:21.2	8:33.0	8:27.9
9:29.0	9:23.9	9:18.8	9:13.6	9:27.3	9:22.2	8:33.9	8:28.8
9:30.0	9:24.9	9:19.8	9:14.7	9:28.3	9:23.2	8:34.8	8:29.7
9:31.0	9:25.9	9:20.8	9:15.7	9:29.3	9:24.2	8:35.7	8:30.6
9:32.0	9:26.9	9:21.8	9:16.7	9:30.4	9:25.3	8:36.7	8:31.6
9:33.0	9:27.9	9:22.8	9:17.7	9:31.4	9:26.3	8:37.6	8:32.5
9:34.0	9:28.9	9:23.8	9:18.8	9:32.4	9:27.3	8:38.5	8:33.4
9:35.0	9:29.9	9:24.9	9:19.8	9:33.4	9:28.3	8:39.4	8:34.4
9:36.0	9:30.9	9:25.9	9:20.8	9:34.4	9:29.4	8:40.4	8:35.3
9:37.0	9:32.0	9:26.9	9:21.9	9:35.4	9:30.4	8:41.3	8:36.2
9:38.0	9:33.0	9:27.9	9:22.9	9:36.5	9:31.4	8:42.2	8:37.2
9:39.0	9:34.0	9:28.9	9:23.9	9:37.5	9:32.4	8:43.1	8:38.1
9:40.0	9:35.0	9:30.0	9:24.9	9:38.5	9:33.5	8:44.0	8:39.0
9:41.0	9:36.0	9:31.0	9:26.0	9:39.5	9:34.5	3:45.0	8:39.9
9:42.0	9:37.0	9:32.0	9:27.0	9:40.5	9:35.5	8:45.9	8:40.9
9:43.0	9:38.0	9:33.0	9:28.0	9:41.5	9:36.5	8:46.8	8:41.8
9:44.0	9:39.0	9:34.0	9:29.0	9:42.5	9:37.5	8:47.7	8:42.7
9:45.0	9:40.0	9:35.0	9:30.1	9:43.6	9:38.6	8:48.6	8:43.7
9:46.0	9:41.0	9:36.1	9:31.1	9:44.6	9:39.6	8:49.6	8:44.6
9:47.0	9:42.0	9:37.1	9:32.1	9:45.6	9:40.6	8:50.5	8:45.5
9:48.0	9:43.0	9:38.1	9:33.1	9:46.6	9:41.6	8:51.4	8:46.4
9:49.0	9:44.1	9:39.1	9:34.2	9:47.6	9:42.7	8:52.3	8:47.4
9:50.0	9:45.1	9:40.1	9:35.2	9:48.6	9:43.7	8:53.2	8:48.3
9:51.0	9:46.1	9:41.1	9:36.2	9:49.6	9:44.7	8:54.2	8:49.2
9:52.0	9:47.1	9:42.2	9:37.2	9:50.7	9:45.7	8:55.1	8:50.2
9:53.0	9:48.1	9:43.2	9:38.3	9:51.7	9:46.8	8:56.0	8:51.1
9:54.0	9:49.1	9:44.2	9:39.3	9:52.7	9:47.8	8:56.9	8:52.0
9:55.0	9:50.1	9:45.2	9:40.3	9:53.7	9:48.8	8:57.8	8:52.9
9:56.0	9:51.1	9:46.2	9:41.3	9:54.7	9:49.8	8:58.8	8:53.9
9:57.0	9:52.1	9:47.2	9:42.4	9:55.7	9:50.8	8:59.7	8:54.8
9:58.0	9:53.1	9:48.3	9:43.4	9:56.7	9:51.9	9:00.6	8:55.7
9:59.0	9:54.1	9:49.3	9:44.4	9:57.8	9:52.9	9:01.5	8:56.7
10:00.0	9:55.1	9:50.3	9:45.4	9:58.8	9:53.9	9:02.4	8:57.6
10:01.0	9:56.2	9:51.3	9:46.5	9:59.8	9:54.9	9:03.4	8:58.5
10:02.0	9:57.2	9:52.3	9:47.5	10:00.8	9:56.0	9:04.3	8:59.4
10:03.0	9:58.2	9:53.3	9:48.5	10:01.8	9:57.0	9:05.2	9:00.4
10:04.0	9:59.2	9:54.4	9:49.5	10:02.8	9:58.0	9:06.1	9:01.3
10:05.0	10:00.2	9:55.4	9:50.6	10:03.8	9:59.0	9:07.0	9:02.2
10:06.0	10:01.2	9:56.4	9:51.6	10:04.9	10:00.0	9:08.0	9:03.2
10:07.0	10:02.2	9:57.4	9:52.6	10:05.9	10:01.1	9:08.9	9:04.1
10:08.0	10:03.2	9:58.4	9:53.6	10:06.9	10:02.1	9:09.8	9:05.0
10:09.0	10:04.2	9:59.4	9:54.6	10:07.9	10:03.1	9:10.7	9:05.9
10:10.0	10:05.2	10:00.4	9:55.7	10:08.9	10:04.1	9:11.6	9:06.9
10:11.0	10:06.2	10:01.5	9:56.7	10:09.9	10:05.2	9:12.6	9:07.8
10:12.0	10:07.2	10:02.5	9:57.7	10:10.9	10:06.2	9:13.5	9:08.7
10:13.0	10:08.2	10:03.5	9:58.7	10:12.0	10:07.2	9:14.4	9:09.7

800/880 Freestyle

800 Metres				880 Yards		800 Yards	
50 Metres	33 ^{1/3} Metres	25 Metres	20 Metres	36 ^{2/3} Yards	27 ^{1/2} Yards	33 ^{1/3} Yards	25 Yards
10:14.0	10:09.3	10:04.5	9:59.8	10:13.0	10:08.2	9:15.3	9:10.6
10:15.0	10:10.3	10:05.5	10:00.8	10:14.0	10:09.2	9:16.2	9:11.5
10:16.0	10:11.3	10:06.5	10:01.8	10:15.0	10:10.3	9:17.2	9:12.4
10:17.0	10:12.3	10:07.6	10:02.8	10:16.0	10:11.3	9:18.1	9:13.4
10:18.0	10:13.3	10:08.6	10:03.9	10:17.0	10:12.3	9:19.0	9:14.3
10:19.0	10:14.3	10:09.6	10:04.9	10:18.0	10:13.3	9:19.9	9:15.2
10:20.0	10:15.3	10:10.6	10:05.9	10:19.0	10:14.3	9:20.8	9:16.1
10:21.0	10:16.3	10:11.6	10:06.9	10:20.1	10:15.4	9:21.8	9:17.1
10:22.0	10:17.3	10:12.6	10:07.9	10:21.1	10:16.4	9:22.7	9:18.0
10:23.0	10:18.3	10:13.6	10:09.0	10:22.1	10:17.4	9:23.6	9:18.9
10:24.0	10:19.3	10:14.7	10:10.0	10:23.1	10:18.4	9:24.5	9:19.9
10:25.0	10:20.3	10:15.7	10:11.0	10:24.1	10:19.5	9:25.4	9:20.8
10:26.0	10:21.3	10:16.7	10:12.0	10:25.1	10:20.5	9:26.4	9:21.7
10:27.0	10:22.4	10:17.7	10:13.1	10:26.1	10:21.5	9:27.3	9:22.6
10:28.0	10:23.4	10:18.7	10:14.1	10:27.2	10:22.5	9:28.2	9:23.6
10:29.0	10:24.4	10:19.7	10:15.1	10:28.2	10:23.5	9:29.1	9:24.5
10:30.0	10:25.4	10:20.8	10:16.1	10:29.2	10:24.6	9:30.0	9:25.4
10:31.0	10:26.4	10:21.8	10:17.1	10:30.2	10:25.6	9:31.0	9:26.3
10:32.0	10:27.4	10:22.8	10:18.2	10:31.2	10:26.6	9:31.9	9:27.3
10:33.0	10:28.4	10:23.8	10:19.2	10:32.2	10:27.6	9:32.8	9:28.2
10:34.0	10:29.4	10:24.8	10:20.2	10:33.2	10:28.6	9:33.7	9:29.1
10:35.0	10:30.4	10:25.8	10:21.2	10:34.2	10:29.7	9:34.6	9:30.1
10:36.0	10:31.4	10:26.8	10:22.3	10:35.3	10:30.7	9:35.6	9:31.0
10:37.0	10:32.4	10:27.9	10:23.3	10:36.3	10:31.7	9:36.5	9:31.9
10:38.0	10:33.4	10:28.9	10:24.3	10:37.3	10:32.7	9:37.4	9:32.8
10:39.0	10:34.4	10:29.9	10:25.3	10:38.3	10:33.7	9:38.3	9:33.8
10:40.0	10:35.4	10:30.9	10:26.3	10:39.3	10:34.8	9:39.2	9:34.7
10:41.0	10:36.5	10:31.9	10:27.4	10:40.3	10:35.8	9:40.2	9:35.6
10:42.0	10:37.5	10:32.9	10:28.4	10:41.3	10:36.8	9:41.1	9:36.5
10:43.0	10:38.5	10:33.9	10:29.4	10:42.4	10:37.8	9:42.0	9:37.5
10:44.0	10:39.5	10:35.0	10:30.4	10:43.4	10:38.8	9:42.9	9:38.4
10:45.0	10:40.5	10:36.0	10:31.4	10:44.4	10:39.9	9:43.8	9:39.3
10:46.0	10:41.5	10:37.0	10:32.5	10:45.4	10:40.9	9:44.8	9:40.2
10:47.0	10:42.5	10:38.0	10:33.5	10:46.4	10:41.9	9:45.7	9:41.2
10:48.0	10:43.5	10:39.0	10:34.5	10:47.4	10:42.9	9:46.6	9:42.1
10:49.0	10:44.5	10:40.0	10:35.5	10:48.4	10:43.9	9:47.5	9:43.0
10:50.0	10:45.5	10:41.0	10:36.6	10:49.4	10:45.0	9:48.4	9:43.9
10:51.0	10:46.5	10:42.0	10:37.6	10:50.5	10:46.0	9:49.3	9:44.9
10:52.0	10:47.5	10:43.1	10:38.6	10:51.5	10:47.0	9:50.3	9:45.8
10:53.0	10:48.5	10:44.1	10:39.6	10:52.5	10:48.0	9:51.2	9:46.7
10:54.0	10:49.5	10:45.1	10:40.6	10:53.5	10:49.0	9:52.1	9:47.6
10:55.0	10:50.6	10:46.1	10:41.7	10:54.5	10:50.1	9:53.0	9:48.6
10:56.0	10:51.6	10:47.1	10:42.7	10:55.5	10:51.1	9:53.9	9:49.5
10:57.0	10:52.6	10:48.1	10:43.7	10:56.5	10:52.1	9:54.9	9:50.4
10:58.0	10:53.6	10:49.1	10:44.7	10:57.5	10:53.1	9:55.8	9:51.4
10:59.0	10:54.6	10:50.2	10:45.7	10:58.6	10:54.1	9:56.7	9:52.3
11:00.0	10:55.6	10:51.2	10:46.8	10:59.6	10:55.2	9:57.6	9:53.2
11:01.0	10:56.6	10:52.2	10:47.8	11:00.6	10:56.2	9:58.5	9:54.1

800/880 Freestyle

800 Metres				880 Yards		800 Yards	
50 Metres	33 ^{1/3} Metres	25 Metres	20 Metres	36 ^{2/3} Yards	27 ^{1/2} Yards	33 ^{1/3} Yards	25 Yards
11:02.0	10:57.6	10:53.2	10:48.8	11:01.6	10:57.2	9:59.5	9:55.1
11:03.0	10:58.6	10:54.2	10:49.8	11:02.6	10:58.2	10:00.4	9:56.0
11:04.0	10:59.6	10:55.2	10:50.8	11:03.6	10:59.2	10:01.3	9:56.9
11:05.0	11:00.6	10:56.2	10:51.9	11:04.6	11:00.3	10:02.2	9:57.8
11:06.0	11:01.6	10:57.3	10:52.9	11:05.6	11:01.3	10:03.1	9:58.8
11:07.0	11:02.6	10:58.3	10:53.9	11:06.7	11:02.3	10:04.0	9:59.7
11:08.0	11:03.6	10:59.3	10:54.9	11:07.7	11:03.3	10:05.0	10:00.6
11:09.0	11:04.6	11:00.3	10:55.9	11:08.7	11:04.3	10:05.9	10:01.5
11:10.0	11:05.7	11:01.3	10:57.0	11:09.7	11:05.4	10:06.8	10:02.5
11:11.0	11:06.7	11:02.3	10:58.0	11:10.7	11:06.4	10:07.7	10:03.4
11:12.0	11:07.7	11:03.3	10:59.0	11:11.7	11:07.4	10:08.6	10:04.3
11:13.0	11:08.7	11:04.3	11:00.0	11:12.7	11:08.4	10:09.6	10:05.2
11:14.0	11:09.7	11:05.4	11:01.0	11:13.7	11:09.4	10:10.5	10:06.2
11:15.0	11:10.7	11:06.4	11:02.1	11:14.8	11:10.4	10:11.4	10:07.1
11:16.0	11:11.7	11:07.4	11:03.1	11:15.8	11:11.5	10:12.3	10:08.0
11:17.0	11:12.7	11:08.4	11:04.1	11:16.8	11:12.5	10:13.2	10:08.9
11:18.0	11:13.7	11:09.4	11:05.1	11:17.8	11:13.5	10:14.2	10:09.9
11:19.0	11:14.7	11:10.4	11:06.1	11:18.8	11:14.5	10:15.1	10:10.8
11:20.0	11:15.7	11:11.4	11:07.1	11:19.8	11:15.5	10:16.0	10:11.7
11:21.0	11:16.7	11:12.4	11:08.2	11:20.8	11:16.6	10:16.9	10:12.6
11:22.0	11:17.7	11:13.5	11:09.2	11:21.8	11:17.6	10:17.8	10:13.6
11:23.0	11:18.7	11:14.5	11:10.2	11:22.9	11:18.6	10:18.7	10:14.5
11:24.0	11:19.7	11:15.5	11:11.2	11:23.9	11:19.6	10:19.7	10:15.4
11:25.0	11:20.7	11:16.5	11:12.2	11:24.9	11:20.6	10:20.6	10:16.3
11:26.0	11:21.8	11:17.5	11:13.3	11:25.9	11:21.6	10:21.5	10:17.3
11:27.0	11:22.8	11:18.5	11:14.3	11:26.9	11:22.7	10:22.4	10:18.2
11:28.0	11:23.8	11:19.5	11:15.3	11:27.9	11:23.7	10:23.3	10:19.1
11:29.0	11:24.8	11:20.5	11:16.3	11:28.9	11:24.7	10:24.3	10:20.0
11:30.0	11:25.8	11:21.6	11:17.3	11:29.9	11:25.7	10:25.2	10:21.0
11:31.0	11:26.8	11:22.6	11:18.4	11:31.0	11:26.7	10:26.1	10:21.9
11:32.0	11:27.8	11:23.6	11:19.4	11:32.0	11:27.8	10:27.0	10:22.8
11:33.0	11:28.8	11:24.6	11:20.4	11:33.0	11:28.8	10:27.9	10:23.7
11:34.0	11:29.8	11:25.6	11:21.4	11:34.0	11:29.8	10:28.8	10:24.6
11:35.0	11:30.8	11:26.6	11:22.4	11:35.0	11:30.8	10:29.8	10:25.6
11:36.0	11:31.8	11:27.6	11:23.4	11:36.0	11:31.8	10:30.7	10:26.5
11:37.0	11:32.8	11:28.6	11:24.5	11:37.0	11:32.9	10:31.6	10:27.4
11:38.0	11:33.8	11:29.7	11:25.5	11:38.0	11:33.9	10:32.5	10:28.3
11:39.0	11:34.8	11:30.7	11:26.5	11:39.1	11:34.9	10:33.4	10:29.3
11:40.0	11:35.8	11:31.7	11:27.5	11:40.1	11:35.9	10:34.4	10:30.2
11:41.0	11:36.8	11:32.7	11:28.5	11:41.1	11:36.9	10:35.3	10:31.1
11:42.0	11:37.8	11:33.7	11:29.5	11:42.1	11:37.9	10:36.2	10:32.0
11:43.0	11:38.9	11:34.7	11:30.6	11:43.1	11:39.0	10:37.1	10:33.0
11:44.0	11:39.9	11:35.7	11:31.6	11:44.1	11:40.0	10:38.0	10:33.9
11:45.0	11:40.9	11:36.7	11:32.6	11:45.1	11:41.0	10:38.9	10:34.8
11:46.0	11:41.9	11:37.7	11:33.6	11:46.1	11:42.0	10:39.9	10:35.7
11:47.0	11:42.9	11:38.8	11:34.6	11:47.1	11:43.0	10:40.8	10:36.7
11:48.0	11:43.9	11:39.8	11:35.7	11:48.2	11:44.0	10:41.7	10:37.6
11:49.0	11:44.9	11:40.8	11:36.7	11:49.2	11:45.1	10:42.6	10:38.5

800/880 Freestyle

800 Metres				880 Yards		800 Yards	
50 Metres	33 ^{1/3} Metres	25 Metres	20 Metres	36 ^{2/3} Yards	27 ^{1/2} Yards	33 ^{1/3} Yards	25 Yards
11:50.0	11:45.9	11:41.8	11:37.7	11:50.2	11:46.1	10:43.5	10:39.4
11:51.0	11:46.9	11:42.8	11:38.7	11:51.2	11:47.1	10:44.5	10:40.4
11:52.0	11:47.9	11:43.8	11:39.7	11:52.2	11:48.1	10:45.4	10:41.3
11:53.0	11:48.9	11:44.8	11:40.7	11:53.2	11:49.1	10:46.3	10:42.2
11:54.0	11:49.9	11:45.8	11:41.8	11:54.2	11:50.2	10:47.2	10:43.1
11:55.0	11:50.9	11:46.9	11:42.8	11:55.2	11:51.2	10:48.1	10:44.1
11:56.0	11:51.9	11:47.9	11:43.8	11:56.3	11:52.2	10:49.0	10:45.0
11:57.0	11:52.9	11:48.9	11:44.8	11:57.3	11:53.2	10:50.0	10:45.9
11:58.0	11:53.9	11:49.9	11:45.8	11:58.3	11:54.2	10:50.9	10:46.8
11:59.0	11:54.9	11:50.9	11:46.8	11:59.3	11:55.2	10:51.8	10:47.7
12:00.0	11:56.0	11:51.9	11:47.9	12:00.3	11:56.3	10:52.7	10:48.7
12:01.0	11:57.0	11:52.9	11:48.9	12:01.3	11:57.3	10:53.6	10:49.6
12:02.0	11:58.0	11:53.9	11:49.9	12:02.3	11:58.3	10:54.6	10:50.5
12:03.0	11:59.0	11:54.9	11:50.9	12:03.3	11:59.3	10:55.5	10:51.4
12:04.0	12:00.0	11:56.0	11:51.9	12:04.3	12:00.3	10:56.4	10:52.4
12:05.0	12:01.0	11:57.0	11:52.9	12:05.4	12:01.3	10:57.3	10:53.3
12:10.0	12:06.0	12:02.0	11:58.0	12:10.4	12:06.4	11:01.9	10:57.9
12:15.0	12:11.0	12:07.1	12:03.1	12:15.5	12:11.5	11:06.5	11:02.5
12:20.0	12:16.1	12:12.1	12:08.2	12:20.5	12:16.6	11:11.1	11:07.1
12:25.0	12:21.1	12:17.2	12:13.3	12:25.6	12:21.7	11:15.7	11:11.7
12:30.0	12:26.1	12:22.2	12:18.3	12:30.6	12:26.8	11:20.2	11:16.4
12:35.0	12:31.1	12:27.3	12:23.4	12:35.7	12:31.8	11:24.8	11:21.0
12:40.0	12:36.2	12:32.3	12:28.5	12:40.8	12:36.9	11:29.4	11:25.6
12:45.0	12:41.2	12:37.4	12:33.6	12:45.8	12:42.0	11:34.0	11:30.2
12:50.0	12:46.2	12:42.4	12:38.6	12:50.9	12:47.1	11:38.6	11:34.8
12:55.0	12:51.2	12:47.5	12:43.7	12:55.9	12:52.2	11:43.2	11:39.4
13:00.0	12:56.3	12:52.5	12:48.8	13:01.0	12:57.2	11:47.8	11:44.0
13:05.0	13:01.3	12:57.6	12:53.9	13:06.0	13:02.3	11:52.3	11:48.6
13:10.0	13:06.3	13:02.6	12:58.9	13:11.1	13:07.4	11:56.9	11:53.2
13:15.0	13:11.3	13:07.7	13:04.0	13:16.1	13:12.5	12:01.5	11:57.8
13:20.0	13:16.4	13:12.7	13:09.1	13:21.2	13:17.5	12:06.1	12:02.5
13:25.0	13:21.4	13:17.8	13:14.1	13:26.2	13:22.6	12:10.7	12:07.1
13:30.0	13:26.4	13:22.8	13:19.2	13:31.3	13:27.7	12:15.3	12:11.7
13:35.0	13:31.4	13:27.9	13:24.3	13:36.3	13:32.8	12:19.8	12:16.3
13:40.0	13:36.4	13:32.9	13:29.3	13:41.4	13:37.8	12:24.4	12:20.9
13:45.0	13:41.5	13:37.9	13:34.4	13:46.5	13:42.9	12:29.0	12:25.5
13:50.0	13:46.5	13:43.0	13:39.5	13:51.5	13:48.0	12:33.6	12:30.1
13:55.0	13:51.5	13:48.0	13:44.5	13:56.6	13:53.1	12:38.2	12:34.7
14:00.0	13:56.5	13:53.1	13:49.6	14:01.6	13:58.1	12:42.8	12:39.3
14:05.0	14:01.6	13:58.1	13:54.7	14:06.7	14:03.2	12:47.3	12:43.9
14:10.0	14:06.6	14:03.1	13:59.7	14:11.7	14:08.3	12:51.9	12:48.5
14:15.0	14:11.6	14:08.2	14:04.8	14:16.8	14:13.3	12:56.5	12:53.1
14:20.0	14:16.6	14:13.2	14:09.8	14:21.8	14:18.4	13:01.1	12:57.7
14:25.0	14:21.6	14:18.3	14:14.9	14:26.9	14:23.5	13:05.7	13:02.3
14:30.0	14:26.7	14:23.3	14:20.0	14:31.9	14:28.6	13:10.2	13:06.9
14:35.0	14:31.7	14:28.3	14:25.0	14:37.0	14:33.6	13:14.8	13:11.5
14:40.0	14:36.7	14:33.4	14:30.1	14:42.0	14:38.7	13:19.4	13:16.1
14:45.0	14:41.7	14:38.4	14:35.1	14:47.1	14:43.8	13:24.0	13:20.7

800/880 Freestyle

800 Metres				880 Yards		800 Yards	
50 Metres	33 ^{1/3} Metres	25 Metres	20 Metres	36 ^{2/3} Yards	27 ^{1/2} Yards	33 ^{1/3} Yards	25 Yards
14:50.0	14:46.7	14:43.5	14:40.2	14:52.1	14:48.8	13:28.6	13:25.3
14:55.0	14:51.7	14:48.5	14:45.2	14:57.2	14:53.9	13:33.1	13:29.9
15:00.0	14:56.8	14:53.5	14:50.3	15:02.2	14:59.0	13:37.7	13:34.5
15:05.0	15:01.8	14:58.6	14:55.3	15:07.2	15:04.0	13:42.3	13:39.1
15:10.0	15:06.8	15:03.6	15:00.4	15:12.3	15:09.1	13:46.9	13:43.7
15:15.0	15:11.8	15:08.6	15:05.4	15:17.3	15:14.2	13:51.5	13:48.3
15:20.0	15:16.8	15:13.7	15:10.5	15:22.4	15:19.2	13:56.0	13:52.9
15:25.0	15:21.9	15:18.7	15:15.6	15:27.4	15:24.3	14:00.6	13:57.5
15:30.0	15:26.9	15:23.7	15:20.6	15:32.5	15:29.4	14:05.2	14:02.1
15:35.0	15:31.9	15:28.8	15:25.7	15:37.5	15:34.4	14:09.8	14:06.6
15:40.0	15:36.9	15:33.8	15:30.7	15:42.6	15:39.5	14:14.3	14:11.2
15:45.0	15:41.9	15:38.8	15:35.8	15:47.6	15:44.5	14:18.9	14:15.8

20 Yards

6:50.1
6:51.1
6:52.0
6:53.0
6:53.9
6:54.9
6:55.8
6:56.8
6:57.7
6:58.7
6:59.6
7:00.6
7:01.5
7:02.5
7:03.4
7:04.4
7:05.3
7:06.3
7:07.2
7:08.2
7:09.1
7:10.1
7:11.0
7:12.0
7:12.9
7:13.9
7:14.8
7:15.8
7:16.7
7:17.7
7:18.6
7:19.6
7:20.5
7:21.4
7:22.4
7:23.3
7:24.3
7:25.2
7:26.2
7:27.1
7:28.1
7:29.0
7:30.0
7:30.9
7:31.8
7:32.8
7:33.7
7:34.7

20 Yards

7:35.6
7:36.6
7:37.5
7:38.5
7:39.4
7:40.4
7:41.3
7:42.2
7:43.2
7:44.1
7:45.1
7:46.0
7:47.0
7:47.9
7:48.8
7:49.8
7:50.7
7:51.7
7:52.6
7:53.6
7:54.5
7:55.4
7:56.4
7:57.3
7:58.3
7:59.2
8:00.2
8:01.1
8:02.0
8:03.0
8:03.9
8:04.9
8:05.8
8:06.7
8:07.7
8:08.6
8:09.6
8:10.5
8:11.4
8:12.4
8:13.3
8:14.3
8:15.2
8:16.1
8:17.1
8:18.0
8:19.0
8:19.9

20 Yards

8:20.8
8:21.8
8:22.7
8:23.7
8:24.6
8:25.5
8:26.5
8:27.4
8:28.4
8:29.3
8:30.2
8:31.2
8:32.1
8:33.1
8:34.0
8:34.9
8:35.9
8:36.8
8:37.7
8:38.7
8:39.6
8:40.6
8:41.5
8:42.4
8:43.4
8:44.3
8:45.2
8:46.2
8:47.1
8:48.1
8:49.0
8:49.9
8:50.9
8:51.8
8:52.7
8:53.7
8:54.6
8:55.5
8:56.5
8:57.4
8:58.4
8:59.3
9:00.2
9:01.2
9:02.1
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20 Yards

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20 Yards

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20 Yards

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20 Yards
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